

GOVERNMENT OF INDIA MINISTRY OF SKILL DEVELOPMENT & ENTREPRENEURSHIP DIRECTORATE GENERAL OF TRAINING

COMPETENCY BASED CURRICULUM

FRUITS AND VEGETABLES PROCESSING

(Duration: One Year) Revised in July 2022

CRAFTSMEN TRAINING SCHEME (CTS) NSQF LEVEL- 3



SECTOR – FOOD INDUSTRY



FRUITS AND VEGETABLES PROCESSING

(Non-Engineering Trade)

(Revised in July 2022)

Version: 2.0

CRAFTSMEN TRAINING SCHEME (CTS)

NSQF LEVEL - 3

Developed By

Ministry of Skill Development and Entrepreneurship

Directorate General of Training

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CONTENTS

S No.	Topics	Page No.
1.	Course Information	1
2.	Training System	2
3.	Job Role	6
4.	General Information	7
5.	Learning Outcome	9
6.	Assessment Criteria	11
7.	Trade Syllabus	15
8.	Annexure I(List of Trade Tools & Equipment)	21

1. COURSE INFORMATION

During the one-year duration of 'Fruits and Vegetables Processing' trade, a candidate is trained on Professional Skill, Professional Knowledge and Employability Skill related to the job role. In addition to this, a candidate is entrusted to undertake project work, extracurricular activities and on-the-job training to build up confidence. The broad components covered under Professional Skill subject are as below:

The trainee learns to identify the spoilage in fruits and vegetables and state the reason for the spoilage; prepare and pack perishables for storage and then store under refrigerated conditions with safety precautions; identify and select fresh fruits and vegetables with the help of checklist; prepare fruit juices with juice extracting machines with safety precautions and preserve fruit juices with addition of preservatives and determine the acidity and TSS content. The learner practices on identification of spices and food additives by visual inspection; learns to prepare and package fruit beverages such as Squashes, RTS, Nectar, Cordial, Crush and Syrup by using appropriate machines such as pulper, juice extractor, autoclave, and corking machine with safety precautions, determine the acidity and TSS content; prepare and preserve Tomato products by using appropriate machines such as pulper, autoclave, and corking machine with safety precautions, determine acidity and TSS content; prepare, dry and storage fruits and vegetables with appropriate methods such as drying, cabinet drying and solar drying with safety precautions and determine the moisture etc.

The trainee is trained to prepare, preserve and store jam, jelly and marmalades by using appropriate machines such as pulper, autoclave &sealer with safety precautions, determine acidity and TSS content, pectin test; examine the tetra pack w.r.to the materials of construction & dimension and its type; explain and understand the process of wine preparation and canning process of fruits and vegetables and identify defects by physical observation & its causes in canned foods and explain food safety standards. The trainee develops the skill of preparing synthetic vinegar by using appropriate tools and checks the quality .He/she is able to explain other methods of vinegar production and its types; prepare preserve (murabba), candy, crystallized and fruit bar by using appropriate machines/Tools such as solar drier, cabinet drier, weighing balance and refractometer with safety precautions and determine the TSS contents; also prepare fruits/ vegetables pickles with oil/ salt/ vinegar/ spices, determine acidity content; check physical quality parameters in frozen market samples of frozen fruits and vegetables.



2.1 GENERAL

The Directorate General of Training (DGT) under Ministry of Skill Development & Entrepreneurship offers a range of vocational training courses catering to the need of different sectors of economy/ Labour market. The vocational training programmes are delivered under the aegis of Directorate General of Training (DGT). Craftsman Training Scheme (CTS) with variants and Apprenticeship Training Scheme (ATS) are two pioneer schemes of DGT for strengthening vocational training.

Fruits and Vegetables Processing trade under CTS is one of the popular courses delivered nationwide through a network of ITIs. The course is of one-year duration. It mainly consists of Domain area and Core area. In the Domain area (Trade Theory & Practical) imparts professional skills and knowledge, while the core area (Employability Skill) imparts requisite core skills, knowledge and life skills. After passing out the training program, the trainee is awarded National Trade Certificate (NTC) by DGT which is recognized worldwide.

Candidates broadly need to demonstrate that they are able to:

- Read and interpret parameters/documents, plan and organize work processes, identify necessary materials and tools;
- Perform tasks with due consideration to safety rules, accident prevention regulations and environmental protection stipulations;
- Apply professional skill, knowledge & employability skills while performing jobs.
- Document the parameters related to the task undertaken.

2.2 PROGRESSION PATHWAYS

- Can join industry as Craftsman and will progress further as Senior Craftsman, Supervisor and can rise up to the level of Manager.
- Can become Entrepreneur in the related field.
- Can join Apprenticeship programs in different types of industries leading to a National Apprenticeship certificate (NAC).
- Can join Crafts Instructor Training Scheme (CITS) in the trade for becoming instructor in ITIs.
- Can join Advanced Diploma (Vocational) courses under DGT as applicable.



2.3 COURSE STRUCTURE

Table below depicts the distribution of training hours across various course elements during a period of one year: -

S No.	Course Element	Notional Training Hours
1	Professional Skill (Trade Practical)	840
2	Professional Knowledge (Trade Theory)	240
3	Employability Skills	120
	Total	1200

Every year 150 hours of mandatory OJT (On the Job Training) at nearby industry, wherever not available then group project is mandatory.

4 C	On the Job Training (OJT) / Group Project	150
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Trainees of one-year or two-year trade can also opt for optional courses of up to 240 hours in each year for 10th/ 12th class certificate along with ITI certification, or, add on short term courses.

2.4 ASSESSMENT & CERTIFICATION

The trainee will be tested for his skill, knowledge and attitude during the period of course through formative assessment and at the end of the training programme through summative assessment as notified by the DGT from time to time.

- a) The **Continuous Assessment** (Internal) during the period of training will be done by **Formative Assessment Method** by testing for assessment criteria listed against learning outcomes. The training institute has to maintain an individual trainee portfolio as detailed in assessment guideline. The marks of internal assessment will be as per the formative assessment template provided on www.bharatskills.gov.in.
- b) The final assessment will be in the form of summative assessment. The All India Trade Test for awarding NTC will be conducted by **Controller of examinations**, **DGT** as per the guidelines. The pattern and marking structure are being notified DGT from time to time. **The learning outcome and assessment criteria will be the basis for setting question papers for final assessment. The examiner during final examination will also check the individual trainee's profile as detailed in assessment guideline before giving marks for practical examination.**



2.4.1 PASS REGULATION

For the purposes of determining the overall result, weightage of 100% is applied for six months and one-year duration courses and 50% weightage is applied to each examination for two years courses. The minimum pass percent for Trade Practical and Formative assessment is 60% & for all other subjects is 33%.

2.4.2 ASSESSMENT GUIDELINE

Appropriate arrangements should be made to ensure that there will be no artificial barriers to assessment. The nature of special needs should be taken into account while undertaking the assessment. Due consideration should be given while assessing for teamwork, avoidance/reduction of scrap/wastage and disposal of scrap/waste as per procedure, behavioral attitude, sensitivity to the environment and regularity in training. The sensitivity towards OSHE and self-learning attitude are to be considered while assessing competency.

Assessment will be evidence based comprising some of the following:

- Job carried out in labs/workshop
- Record book/ daily diary
- Answer sheet of assessment
- Viva-voce
- Progress chart
- Attendance and punctuality
- Assignment
- Project work
- Computer based multiple choice question examination
- Practical Examination

Evidences and records of internal (Formative) assessments are to be preserved until forthcoming examination for audit and verification by examining body. The following marking pattern to be adopted for formative assessment:

Performance Level	Evidence
(a) Marks in the range of 60%-75% to be allotted	ed during assessment
For performance in this grade, the candidate	Demonstration of good skills and accuracy
should produce work which demonstrates	in the field of work/ assignments.
attainment of an acceptable standard of	 A fairly good level of neatness and
craftsmanship with occasional guidance, and	consistency to accomplish job activities.

due	regard	for	safety	procedures	and
pract	ices				

Occasional support in completing the task/job.

(b) Marks in the range of 75%-90% to be allotted during assessment

For this grade, a candidate should produce work which demonstrates attainment of a reasonable standard of craftsmanship, with little guidance, and regard for safety procedures and practices

- Good skill levels and accuracy in the field of work/ assignments.
- A good level of neatness and consistency to accomplish job activities.
- Little support in completing the task/job.

(c) Marks in the range of more than 90% to be allotted during assessment

For performance in this grade, the candidate, with minimal or no support in organization and execution and with due regard for safety procedures and practices, has produced work which demonstrates attainment of a high standard of craftsmanship.

- High skill levels and accuracy in the field of work/ assignments.
- A high level of neatness and consistency to accomplish job activities.
- Minimal or no support in completing the task/job.

Fruit and Vegetable Preservers, other; perform variety of routine tasks in canning and preserving food, fruits and vegetables not elsewhere classified, and may be designated according to nature of work performed such as: Peeler Hand peels skin of fruits and vegetables using hand knife. Grader examines, classifies and separates fruits, vegetables and fish according to size, quality, colour, condition or species. Washer tends machine that washes raw fruits or vegetables preparatory to canning, freezing or packing. Feeder Charger feeds machine with fruits or vegetables by hand for washing, shelling, shredding, cooking and pulping.

Reference NCO-2015: 7514.9900 – Fruits, Vegetables and Related Preservers, Others.

Reference NOS:

- a) FIC/N0103
- b) FIC/N0203
- c) FIC/N0111
- d) FIC/N0204
- e) FIC/N0118
- f) FIC/N0111
- g) FIC/N0202
- h) FIC/N0122
- i) FIC/N0204



4. GENERAL INFORMATION

Name of the Trade	FRUITS AND VEGETABLES PROCESSING		
Trade Code	DGT/1041		
NCO - 2015	7514.9900		
NOS Covered	FIC/N0103, FIC/N0203, FIC/N0111, FIC/N0204, FIC/N0118, FIC/N0111, FIC/N0202, FIC/N0122, FIC/N0204		
NSQF Level	Level-3		
Duration of Craftsmen Training	One Year (1200 Hours+150 hours OJT/Group Project)		
Entry Qualification	Passed 10th class examination with Science and Mathematics or with vocational subject in same sector or its equivalent.		
Eligibility for PwD	LD,CP,LC,DW,AA,LV,HH,DEAF, AUTISM, SLD,ID		
Minimum Age	14 years as on first day of academic session.		
Unit Strength (No. of Student)	24(There is no separate provision of supernumerary seats)		
Space Norms	Lab:- 96 Sq. m		
Power Norms 5KW			
Instructors Qualification fo	or:		
(i) Fruits and Vegetables Processing Trade	B.Voc/Degree in Food Technology or Post Harvest Management from UGC recognized university/college with One-year experience in relevant field/industry. OR Diploma (Minimum 2 years) in Food Technology or Post Harvest Management from recognized board or relevant Advanced Diploma (Vocational) from DGT with two years' experience in relevant field/industry. OR NTC/NAC passed in "Fruits and Vegetables Processing" trade with		
	three years experience in relevant field. Essential Qualification: Relevant Regular / RPL variants of National Craft Instructor Certificate (NCIC) under DGT. Note:-Out of two Instructors required for the unit of 2 (1+1), one must have Degree/Diploma and other must have NTC/NAC qualifications. However both of them must possess NCIC in any of		

	its variants.			
(ii) Employability Skill	MBA/ BBA / Any Graduate/ Diploma in any discipline with Two years'			
	experience with short term ToT Course in Employability Skills.			
	(Must have studied English/ Communication Skills and Basic Computer at 12th / Diploma level and above)			
	OR			
	Existing Social Studies Instructors in ITIs with short term ToT Course			
	in Employability Skills.			
(iii) Minimum Age for	21 Years			
Instructor				
List of Tools and	As nor Annoyuro			
Equipment	As per Annexure – I			



Learning outcomes are a reflection of total competencies of a trainee and assessment will be carried out as per the assessment criteria.

5.1LEARNING OUTCOMES (TRADE SPECIFIC)

- 1. Identify the spoilage in fruits and vegetables and state the reason for the spoilage following safety precautions.(NOS:FIC/N0103)
- 2. Identify and select fresh fruits and vegetables with the help of checklist. (NOS:FIC/N0203)
- 3. Identify spices and food additives by visual inspection. (NOS:FIC/N9406)
- 4. Prepare and pack perishables for storage and then store under refrigerated conditions with safety precautions. (NOS:FIC/N0203)
- Prepare fruit juices with juice extracting machines with safety precautions and preserve fruit juices with addition of preservatives and determine the acidity and TSS content.(NOS:FIC/N0103)
- 6. Prepare and package fruit beverages such as Squashes, RTS, Nectar, Cordial, Crush and Syrup by using appropriate machines such as pulper, juice extractor, autoclave, and corking machine with safety precautions, determine the acidity and TSS content.(NOS:FIC/N0103)
- 7. Prepare and preserve Tomato products by using appropriate machines such as pulper, autoclave, and corking machine with safety precautions, determine acidity and TSS content.(NOS:FIC/N0111), (NOS:FIC/N0204)
- 8. Prepare, dry and storage fruits and vegetables with appropriate methods such as drying, cabinet drying and solar drying with safety precautions and determine the moisture.(NOS:FIC/N0118)
- 9. Prepare, preserve and store jam, jelly and marmalades by using appropriate machines such as pulper, autoclave & sealer with safety precautions, determine acidity and TSS content, pectin test.(NOS:FIC/N0111)
- 10. Examine the tetra pack w.r.t to the materials of construction & dimension and its type. (NOS:FIC/N9407)
- 11. Explain and understand the process of wine preparation and canning process of fruits and vegetables and identify defect by physical observation and its causes in canned foods and explain food safety standards. (NOS:FIC/N0204)
- 12. Prepare synthetic vinegar by using appropriate tools and check the quality and explain other methods of vinegar production and its types. (NOS:FIC/N9408)
- 13. Prepare preserve (murabba), candy, crystallized and fruit bar by using appropriate machines/Tools such as solar drier, cabinet drier, weighing blance and refractometer



- with safety precautions and determine the TSS contents. (NOS:FIC/N0202), (NOS/FIC/N0122)
- 14. Prepare fruits/ vegetables pickles with oil/ salt/ vinegar/ spices, determine acidity content.(NOS:FIC/N0204)
- 15. Check physical quality parameters in frozen market samples of frozen fruits and vegetables. (NOS:FIC/N9409)



	LEARNING OUTCOMES	ASSESSMENT CRITERIA
1.	Identify the spoilage in	Observe the spoiled fruits and vegetables and itsproducts.
	fruits and vegetables	Identify and record the cause of spoilage.
	and state the reason for	State general principle and methods of food preservations.
	the spoilagefollowing	
	safety precautions.	
	(NOS:FIC/N0103)	
2.	Identify and select fresh	Identify fruits and vegetables.
	fruits and vegetables	Prepare selection criteria check list for fruits and vegetables.
	with the help of	Select fresh fruits and vegetables
	checklist.	
	(NOS:FIC/N0203)	
3.	Identify spices and food additives by visual	Identify spices.
	additives by visual inspection.	Identify food additives.
	(NOS:FIC/N9406)	
	(1103.110/113400)	
4.	Prepare and pack	Prepare fruits/vegetables for Refrigeration
	perishables for storage	Fill and seal the fruits/vegetables into packaging material.
	and then store under	Store under refrigerated condition.
	refrigerated conditions	
	with safety precautions.	
	(NOS:FIC/N0203)	
5.	Prepare fruit juices with	Maintain the perfect hygiene standard.
	juice extracting machines	Select perfect fruits.
	with safety precautions	Prepare fruits for juice.
	and preserve fruit juices	Wash fruits.
	with addition of	Prepare fruits juice.
	preservatives and determine the acidity	Measure juice.
	determine the acidity and TSS content.	Determine TSS content.
	(NOS:FIC/N0103)	Determine acidity.
	(1403.110/140103)	Perform calculation.

		Fill the preserved fruit juices in sterilized bottles.
		Cork and crown the bottles.
		Sterilize the bottles.
		Label the bottles.
		Maintain safety.
6.	Prepare and package	Maintain perfect hygiene standard.
	fruit beverages such as	Select perfect fruits.
	Squashes, RTS, Nectar,	Prepare fruits for juice extraction.
	Cordial, Crush and Syrup	Prepare fruit juice.
	by using appropriate	Measure fresh fruit juice.
	machines such as pulper,	Determine TSS content.
	juice extractor,	Determine Acidity.
	autoclave, and corking	Perform calculations for Squashes, RTS, Nectar, Cordial, Crush and
	machine with safety	Syrup preparation and mixing of ingredients.
	precautions, determine	Fill beverage into sterilized bottles.
	the acidity and TSS	Cork and crown the bottles.
	content.	Label the bottle.
	(NOS:FIC/N0103)	Maintain safety.
7.	Prepare and preserve	Maintain perfect hygiene standard.
	Tomato products by	Prepare tomatoes.
	using appropriate	Prepare tomato juice/ tomato puree/tomato paste/ tomato
	machines such as pulper,	sauce/tomato ketchup/tomato chutney/tomato soup.
	autoclave, and corking	Preserve and store tomato juice/tomato puree/tomato paste
	machine with safety	/ tomato sauce / tomato ketchup / tomato chutney/ tomato soup.
	precautions, determine	Determine TSS.
	acidity and TSS content.	Determine acidity.
	(NOS:FIC/N0111,	Maintain safety
	NOS:FIC/N0204)	maintain salety
8.	Prepare, dry and storage	Maintain perfect hygiene standard.
	fruits and vegetables	Select fruits/vegetables for drying.
	with appropriate	Prepare fruits/vegetables for drying.
	methods such as drying,	Dry the fruits/vegetables by sun drying/ cabinet drying /solar drying.
	cabinet drying and solar	Determine the moisture content.
	drying with safety	Pack and store.
	precautions and	Maintain safety.
		manicani sarcey.

	determine the moisture. (NOS:FIC/N0118)	
9.	Prepare, preserve and store jam, jelly and marmalades by using appropriate machines such as pulper, autoclave & sealer with safety precautions, determine acidity and TSS content, pectin test. (NOS:FIC/N0111)	Maintain perfect hygiene standard. Select fruits. Prepare fruit. Prepare fruit juice for fruit jelly. Pectin test of fruit juice. Prepare jam/jelly/marmalades. Determine the end point for jam/jelly/marmalades. Identify the consistency for jam /jelly /marmalades.
10.	Examine the tetra pack w.r.t to the materials of construction & dimension and its type. (NOS:FIC/N9407)	Identify the material used in tetra pack layers. Check the weight of various types of tetra pack. Measure the thickness of tetra pack. Check the dimension of tetra pack. Identify the types of tetra pack. Maintain safety.
11.	Explain and understand the process of wine preparation and canning process of fruits and vegetables and Identify defects by physical observation & its causes in canned foods and explain food safety standards. (NOS:FIC/N0204)	Express the understanding of the defects such as pin holes, color defects, swell defects, coating defect, can-end-defect, handling defects and seam defects in cans. Explain process of canning, wine preparation, causes of defects in canned foods. State the food safety standards.
12.	Prepare synthetic vinegar by using appropriate tools and check the quality and explain other methods of	Maintain perfect hygiene standard. Prepare synthetic vinegar. Test and adjust pH and titrable Acidity of vinegar. Bottle the synthetic vinegar. Maintain safety.

vinegar production and	
its types.	
(NOS:FIC/N9408)	
13. Prepare preserve	Maintain perfect hygiene standard.
(murabba), candy,	Select fruits/vegetables.
crystallized and fruit	Prepare fruit/vegetables.
bar by using	Prepare syrup.
appropriate	Test and adjust TSS content of syrup.
machines/Tools such as	Dry fruits/vegetables for candy.
solar drier, cabinet drier,	Crystallized.
weighing balance and	Pack and store.
refractometer with	Maintain safety.
safety precautions and	
determine the TSS	
contents. (NOS:FIC/N0202,	
NOS/FIC/N0122)	
1003/110/100122/	
14. Prepare fruits/	Maintain perfect hygiene standard.
vegetables pickles with	Select fruits/vegetables.
oil/ salt/ vinegar/ spices,	Wash fruits/vegetables.
determine acidity	Prepare fruit/vegetables.
content.	Prepare spices for pickle.
(NOS:FIC/N0204)	Prepare pickles with oil/salt/vinegar.
	Test titrable Acidity in pickle.
	Pack and store.
	Maintain safety.
15. Check physical quality	State blanching and freezing of fruits/ vegetables.
parameters in frozen	Check the physical parameter of market sample of frozen
market samples of	fruits/vegetables and enter data in record sheet.
frozen fruits and	Prepare solution for blanching test.
vegetables.	Check per oxidase activity in frozen vegetable market sample.

7. TRADE SYLLABUS

SYLLABUS FORFRUITS AND VEGETABLES PROCESSING TRADE					
	DURATION: ONE YEAR				
Duration	Reference Learning Outcome		Professional Skills (Trade Practical) With Indicative Hours	Professional Knowledge (Trade Theory)	
Professional	Identify the spoilage	1.	Spoilage of fruits and	Introduction - Definition and	
Skill 40Hrs;	in fruits and		vegetables. (20 hrs.)	scope of preservation. History	
	vegetables and	2.	Industrial visit in fruits and	and development of food	
Professional	state the reason for		vegetables processing	preservation industry with	
Knowledge	the spoilage		industry. (20hrs.)	special reference to India.	
12Hrs	following safety			Different types of spoilages in	
	precautions.			fresh fruits and vegetables.	
	(Mapped			General principles and methods	
5 (;)	NOS:FIC/N0103)	_		of food preservation. (12 hrs.)	
Professional	Identify and select fresh fruits and	3.	Identifications of Fruits and vegetables. (20 hrs.)	Definition of Fruits and	
Skill 20Hrs;	vegetables with the		vegetables. (20 IIIs.)	vegetables, Difference in between fruits and vegetable,	
Professional	help of checklist.			Fruits and vegetables as	
Knowledge	(Mapped			available in different parts of	
06Hrs	NOS:FIC/N0203)			the country, their preservation,	
	,,			season of maturity.	
				Constituents of food,	
				importance of fruits &	
				Vegetables in the diet. (06 hrs.)	
Professional	Identify spices and	4.	Identification of spices and	Selection of raw materials	
Skill 40Hrs;	food additives by		food additives used in fruits	including fruits and vegetables	
	visual inspection.		and vegetable processing.	for Preparation of various	
Professional	(NOS:FIC/N9406)		(40 hrs.)	products.	
Knowledge				Spices and other constituents,	
12Hrs				their properties, condiments	
				and other additives and	
				ingredients and their flavouring	
				and preservative properties. (12	

			hrs.)
Professional Skill 45Hrs; Professional Knowledge 12Hrs	Prepare and pack perishables for storage and then store under refrigerated conditions with	5. Study of common food processing equipment such as pulper, sealers, juice extracting machines, autoclaves, corking machines etc. (25hrs.)	Study of various equipment: usage, care/maintenance and precautions. (06 hrs.)
	safety precautions. (Mapped NOS:FIC/N0203)	6. Refrigeration and other methods for storing perishables. (20hrs.)	Storage of fresh fruits and vegetable. Methods and containers used in fresh fruits and vegetable preservation. (06 hrs.)
Professional Skill 40Hrs;	Prepare fruit juices with juice extracting machines with safety	7. Preparation of Fruit Juice.(20hrs.)8. Preservation of fruits juices	Technology of extraction of juices from different types of fruits. Definition of
Professional Knowledge 12Hrs	precautions and preserve fruit juices with addition of preservatives and determine the acidity and TSS content. (Mapped NOS:FIC/N0103)	with addition of preservative. (20hrs.)	Preservatives-types of preservatives commonly used in food industry limits of usage of preservatives. (12 hrs.)
Professional Skill 40Hrs;	Prepare and package fruit beverages such as Squashes, RTS,	9. Preparation of common fruit beverages. (20hrs.)10. Determination of Acids in	Fruit beverages: Squashes, syrups, nectars, RTS, crushes, cordial etc. (12 hrs.)
Professional Knowledge 12Hrs	Nectar, Cordial, Crush and Syrup by using appropriate machines such as pulper, juice extractor, autoclave, and corking machine with safety precautions, determine the acidity and TSS content. (Mapped NOS:FIC/N0103)	fruits and vegetable products. (20hrs.)	

Professional Prepare and preserve 11. Preparation of tomato Tomato products	: Technology
Skill 45Hrs; Tomato products by juices, puree, sauces, of manufacture	of tomato
using appropriate ketchups, soup, paste, products. (12 hrs.)
Professional machines such as chutney etc. (45hrs.)	
Knowledge pulper, autoclave,	
12Hrs and corking machine	
with safety	
precautions,	
determine acidity	
and TSS content.	
(Mapped	
NOS:FIC/N0111,	
FIC/N0204)	
Professional Prepare, dry and 12. Various methods of drying: Sun drying & del	nydration and
Skill 45Hrs; storage fruits and sun drying, cabinet drying its merits an	d demerits.
vegetables with and solar drying. (45hrs.) Principals involved	•
Professional appropriate methods by drying method	d. Treatment
Knowledge such as drying, prior to drying. (1	2 hrs.)
12Hrs cabinet drying and	
solar drying with	
safety precautions	
and determine the	
moisture.	
(Mapped	
NOS:FIC/N0118) Professional Property processes 12 Properties of law jelly and James pollice and	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
Professional Prepare, preserve 13. Preparation of Jam, jelly and Jams, nellies and	
Skill 40Hrs; and store jam, jelly marmalades. (40hrs.) selection, production and	preparation, preservation.
Professional using appropriate Difference in between	•
Knowledge machines such as jelly. (12 hrs.)	veen jann and
12Hrs pulper, autoclave &	
sealer with safety	
precautions,	
determine acidity	
and TSS content,	
pectin test.	
(Mapped	
(Mapped NOS:FIC/N0111)	

Skill 40Hrs;	pack w.r.t to the	sealing pouching machine.	containers like Glass, Tin-merits
	materials of	(20hrs.)	and demerits of each-scope for
Professional	construction &	15. Examination of the tetra	new types of containers/
Knowledge	dimension and its	pack. (20hrs.)	packaging materials, such as
12Hrs	type.		plastic pouches, tetra pack, PET
	(NOS:FIC/N9407)		bottle and cartons.
			Understanding the label its
			importance, and labeling
			requirements. (12 hrs.)
Professional	Explain and	16. Demonstration of	Fermented beverages-wines.
Skill 120 Hrs;	understand the	wine/Beverages preparation	(30 hrs.)
	process of wine	process in wine/Beverage	
Professional	preparation and	industry and Visit to	
Knowledge	canning process of	wine/Beverage industry. (120	
30Hrs	fruits and vegetables	hrs)	
	and Identify defects		
	by physical		
	observation & its		
	causes in canned		
	foods and explain food safety		
	standards.		
	(Mapped		
	NOS:FIC/N0204)		
Professional	Prepare synthetic	17. Preparation of synthetic	Different type of vinegar,
Skill 30Hrs;	vinegar by using	vinegars. (30hrs.)	methods of Vinegar Production.
	appropriate tools		(12 hrs.)
Professional	and check the quality		
Knowledge	and explain other		
12Hrs	methods of vinegar		
	production and its		
	types.		
	(NOS:FIC/N9408)		
Duefere	Dunana	40 Duamanat's a	Definition of the second
Professional	Prepare preserve	18. Preparation of preserves,	Definition of preserves, candied
Skill 200 Hrs;	(murabba), candy,	candies, crystallized and	fruits, glazed fruits, crystallized
Professional	crystallized and fruit bar by	glazed and fruit bars.	fruits- methods of preparation
Knowledge	,	(40hrs.) 19. Demonstration of Canning	of these. (12 hrs.)
Kilowieuge	using appropriate	13. Demonstration of Canning	Canning and bottling- Canning

60Hrs	machines/Tools such	process in fruits and	of fruits and vegetables-
001113	as solar drier, cabinet	vegetables canning industry.	principles, procedure and steps
	·	,	' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' ' '
	drier, weighing	Visit to canning industry.	involved- care in handling of
	balance and	(70hrs.)	common available fruits and
	refractometer with		vegetables in the region. (24
	safety precautions		hrs.)
	and determine the	20. Identification of defective	Scheme and layout of canning
	TSS contents.	cans, Precautions while	industry. Study about the
	(Mapped	consuming the canned foods.	various defects in canned
	NOS:FIC/N0202,	(45hrs.)	products, lacquers. (12 hrs.)
	NOS:FIC/N0122)	21. Freezing demonstration on	Study of Frozen Fruits and
		market sample of frozen	Vegetables, Blanching and
		fruitsand vegetables.	Freezing. (12 hrs.)
		(45hrs.)	
Professional	Prepare fruits/	22. Preparations of different	Pickles, chutneys and sauces,
Skill 50Hrs;	vegetables pickles	types of pickles from fruits	Different types of pickles.
	with oil/ salt/	and vegetables. (50hrs.)	Methods of preparation curing
Professional	vinegar/ spices,		techniques, defects and
Knowledge	determine acidity		remedies. (12 hrs.)
12Hrs	content.		
	(Mapped		
	NOS:FIC/N0204)		
Professional	Check physical	23. Examination of processed	Study of Food safety Standards:
Skill 45Hrs;	quality parameters in	products. (15hrs.)	HACCP, ISO22000, GMP, and
	frozen market	24. Cleaning and maintenance of	FSSAI. Importance of personal
Professional	samples of frozen	the equipments. (20hrs.)	Hygiene, Cleaning & Sanitary
Knowledge	fruits and vegetables.	25. Detection of benzoic acid,	standards in Fruits and
12Hrs		Sulphur dioxide and KMS in	Vegetable preservation. Good
	(NOS:FIC/N9409)	fruits and vegetable	
	,	products. (10hrs.)	Traceability aspects of
		, ,	processed product. (12 hrs.)
	Indi	ustrial training in canning industry	. , ,
maastrar training in carring maastry			

SYLLABUS FOR CORE SKILLS

1. Employability Skills (Common for all CTS trades) (120Hrs)

Learning outcomes, assessment criteria, syllabus and Tool List of Core Skills subjects which is common for a group of trades, provided separately in www.bharatskills.gov.in / dgt.gov.in

LIST OF TOOLS & EQUIPMENT

FRUITS AND VEGETABLES PROCESSING (For the batch of 24 candidates)

S No.	Name of the Tools and Equipment	Specification	Quantity	
A. Equip	A. Equipment, Machine & Tools			
1.	Seam Checking gauge or screw gauge		01 no.	
2.	Refractometers (Pocket)	0-32,28-62,58-92 Brix Sugar Scale	02 nos.	
3.	Brinometer (Salinometer)		02 nos.	
4.	PH Meter (Digital)		01 no.	
5.	Pressure Cooker		02 nos.	
6.	Juice Extractor (Screw type) 1 HP motor		01 no.	
7.	Lime Juice Extractor & orange juice halving & Burring		01 no.	
8.	Crown corking machine hand operated one.		01 no.	
9.	Pilfer proof capping machine		01 no.	
10.	Weighing balance	digital	03 nos.	
11.	Cabinet dryer (electrical)		01 no.	
12.	Stainless steel buckets or stainless buckets		06 nos.	
13.	Electric Mixer		2 nos.	
14.	Refrigerator double door	200 litre	01 no.	
15.	Auto claves 20 lit cap		02 nos.	
16.	Micrometer Seam Checking gauge' 0.001 LC		01 no.	
17.	Oven (drying) (0-250 C) digital Display, with auto temperature controller, suitable insulated, fans, Heating elements.		01 no.	
18.	Pulper Electric 1/4 Tonne capacity per 8 hrs. with 1 HP Motor and two S.S: Seines (1/16 mesh. 1/32 mesh)		01 no.	

19.	Distilled water Assembly/water purifier with prefilter, activates charcoal / resin unit and UV exposure units. Complete with water supply tank and piping.		01 no.
20.	Fruit mill	junior model,0.5 ton/hr with 1 hp motor	01 no.
21.	Solar dryer (cabinet type) complete with solar box. Size app 6'*3'		01 no.
22.	Vacuum pan	Capacity 500 litre evaporation/Driven by motor reduction gear box/inside vessel made up of thick stainless-steel plate/outer jacket is of SS/ with mail hole and sight glasses on2 sides/Stirrer is made of Teflon blades. Fitted with an outer at the bottom and a condensate receiving vessels.	01 no.
23.	Deep Fridge	Temperature up to -40 C, auto temp controller	01 no.
24.	Mechanical peeler/ Batch type for fruit and vegetable peeling.		01 no.
25.	Steam jacket kettle 50 litre double jacketed with indenting lever, steaminlet and outlet with steel trolley and accessories to be fitted with boiler.		01 no.
26.	Baby Boiler/Diesel fuel/capacity of boiler as per capacity of steamjacket kettle.		01 no.
27.	Lidding machine for lidding of can/bottles		01 no.
28.	Sulphuring chamber 5 kg Capacity made up of wooden/Stainless stell, place for burning sulphur and exhaust.		01 no.
29.	Vacuum Bottle filling machine capacity 5kg/hrs, made up of stainless steel.		01 no.
30.	Bottle washer	With V2 HP motor, single	01 no.

		phase, two heads for brushes,	
		water spray unit of 10-12	
		bottles.	
31.	Sealer for sealing of jars.		01 no.
	Shredder for slicing of		01 no.
32.	fruit and vegetable		
	capacity 5kg/hrs.		
33.	Sugar coating pan of stainless steel,		01 no.
33.	revolving type with speed controller.		
	Improved Burner made up of Stainless		01 no.
34.	Steel with proper safety measures with		
	24 Separate burner with 4 gas Cylinder.		
35.	Pickle mixer, Rotatory type and contact		01 no.
	part of stainless steel.		
36.	Heat Sealing Machine Hand/Pedal		01 no.
	Operated		
37.	VernierCalliper	15cm 0.01 mm LC	04 nos.
38.	Microscope		02 nos.
39.	Microwave oven		01 no.
40.	Fermenter		02 nos.
	Liquid filling machine	For filling liquid in bottles,	01 no.
41.		200ml, 500ml, 1000ml.	
	0 . // . / . / . / . /	Manually operated	
	Computer/Laptop/All in one for Faculty with Internet Connection with, colour	latest processor, Speed: 3	01 no.
	Printer and photo copy Scanner or	GHz or Higher. RAM:-4 GB	
	latest configuration.	DDR-III or Higher, Wi-Fi Enabled. Network Card:	
		Integrated Gigabit Ethernet,	
42.		with USB Mouse, USB	
		Keyboard and Monitor (Min.	
		17 Inch. Licensed Operating	
		System and Antivirus	
		compatible with trade related software.	
43.	LED multimedia Projector		01 no.
44.	UPS		As required
45.	A.C for Theory room/Lab		As required
B. CONSU	JMABLES TOOLS & ITEMS		

46.	Hydrometers of different ranges	0-30, 30-60, 60-90, Brix- hydrometer	01 no.
47.	Fruit Trays	,	08 nos.
48.	Stainless steel mugs		08 nos.
49.	Stainless steel bowls		08 nos.
50.	Thermometer (Digital)		06 nos.
51.	Sandashi (Tongs)		06 nos.
52.	Perforated spoons S.S.12"Length 4 " dia		06 nos.
53.	Coring knives		06 nos.
54.	Pitting knives		06 nos.
55.	Cutting knives		06 nos.
56.	Stainless steel knives		16pcs.
57.	Spoons of assorted size		16pcs.
58.	Stainless steel degches		6pcs.
F0	Can and cork Remover		As per
59.			Requirement
60.	Jell meters		6 nos.
61.	Stainless steel trays of assorted size		16 nos.
62.	Spoons, Wooden Ladle		16 nos.
63.	S.S.Vessels with lids 20 lit cap.		10 nos.
64.	S.S. Vessels with lids 6 lit cap.		06 nos.
65.	S.S.Vessels with lids 10 lit cap.		06 nos.
66.	Bottle Stand for 1 gross bottle		01 no.
67.	Stainless Steel Pricker		06 nos.
68.	Steel scale 12" Standard steel		04 nos.
69.	Lemon Squeezer		06 nos.
70.	Volume Measuring Stick		04 nos.
71.	Stainless Steel Strainer/Sieve		06 nos.
72.	Desiccator		03 nos.
73.	Moisture box	Aluminium, 100gm capacity.	02 nos.
74.	Continuous water supply		As required
75.	Beaker	50, 100, 250 ml, 500 ml	12 nos.
76.	Conical flask	50, 100, 250 ml, 500 ml	12 nos.
77.	Measuring cylinder	100ml,250ml, 200 ml, 500ml,	12 nos.
78.	Measuring flask of assorted sizes		12 nos.
79.	Burrete of assorted sizes with Burrete stands		12 nos.
80.	Pipettes of assorted sizes		12 nos.

81.	Thermometer Digital	10°c to 110°C	16Pcs
82.	Rubber Gloves		12 pair for
82.			each trainee
83.	Aprons		01 for each
65.			trainee
84.	Jelly Filter bags		04Pcs
85.	Glass Funnels of assorted sizes		12 nos.
86.	Funnels 500m1. & 100m1. separating		12 nos.
87.	Test Tube With Test tube stand		25 nos.
88.	Glass rod		10 nos.
89.	Gas lighter		06 nos.
90.	Ph meter Rod		02 nos.
91.	Petri dish with cover		16 nos.
92.	Glass slides		16pcs.
93.	Refilling of gas cylinder for lab		As required
94.	Air tight glass container of different size		As required
C. CONS	SUMABLES ITEMS & CHEMICALS		
95.	Photo Copy Paper A4		As required
96.	Scale		As required
97.	Correcting Fluid pen		As required
98.	Dusting Cloth		As required
99.	Pen		As required
100.	Temporary marker		As required
101.	Stapler (Small & Big)		As required
102.	Puncher		As required
103.	Fevi stick		As required
104.	Stapler Pin		As required
105.	Ruled Register		As required
106.	File Folder		As required
107.	Vim Liquid		As required
108.	Dettol Hand wash		As required
109.	Scotch Bright		As required
110.	Colin		As required
111.	Aluminum Foils		As required
112.	Duster		As required
113.	Juna		As required
114.	Seasonal Fruits and Vegetables		As required

115.	Salt		As required
			·
116.	Sugar		As required
117.	red chilly		As required
118.	black pepper		As required
119.	Dalchini		As required
120.	large elaychi		As required
121.	Jeera		As required
122.	Saunf		As required
123.	Laung		As required
124.	Vinegar		As required
125.	Butter		As required
126.	Hing		As required
127.	Methi		As required
128.	mustard oil		As required
129.	Glucose		As required
130.	food grade color		As required
131.	food grade flavour		As required
132.	Sodium Benzoate		As required
133.	Potassium met bisulphide		As required
134.	citric acid		As required
135.	Glacial Acetic acid		As required
136.	Other Chemicals/Raw material Require for Practical's		As required
137.	Tissue paper roll		As required
D: Furnit	ure		
Class Ro	om		
138.	Instructor Chair & Table with Glass		01 no.
139.	Magnetic White Board		01 no.
140.	Display Board		01 no.
1.41	Table for computer/printer/scanner		01 Set
141.	with chair		
142.	Dual Desk		12 nos.
Worksho	pp / Lab		
143.	Working table with 6-3x21/2 Aluminum tops		05 no
144.	Stools		24 no
145.	Laboratory Table with rack and sinks	8'*2'-6"-6"	04 no

146.	Racks for keeping books (glass		01 sets
146.	panel)etc.		
147.	Trainee Locker with space for 24		01 no
148.	Storage Rack for Chemicals		01 no
149.	Cup Board (large)		04 no
150.	First Aid Box		01 no
	Fire Extinguisher	Operate and test clinical	As per required
151.		equipment/ instruments used	
		in hospital.	
152.	Godrej Almirah		02 no
153.	Wooden Show Case For keeping &		02 no
133.	Display sample		
154.	White Board		01 no

Note:

1. Internet facility is desired to be provided in the class room.

ABBREVIATIONS

CTS	Craftsmen Training Scheme
ATS	Apprenticeship Training Scheme
CITS	Craft Instructor Training Scheme
DGT	Directorate General of Training
MSDE	Ministry of Skill Development and Entrepreneurship
NTC	National Trade Certificate
NAC	National Apprenticeship Certificate
NCIC	National Craft Instructor Certificate
LD	Locomotor Disability
СР	Cerebral Palsy
MD	Multiple Disabilities
LV	Low Vision
НН	Hard of Hearing
ID	Intellectual Disabilities
LC	Leprosy Cured
SLD	Specific Learning Disabilities
DW	Dwarfism
MI	Mental Illness
AA	Acid Attack
PwD	Person with disabilities

